

JUNE	Aging Ahead DeSoto Senior Center				2019
	(636) 337-7578				
	Senior Center Activity Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday	
3 Bingo sponsor by United Health Care 10 am Pinochle 10 am Exercise class @11 am	4 Washer game Dominoes Puzzles	5 <u>Support Committee Meeting @ 8:30 am</u> Exercise Class @11 am Line dancing 12:30 pm	6 Pinochle 10 am Bingo 10 am Washer games	7 Jam Session 10am Exercise Class 11am	
10 Pinochle 10am Bingo sponsor by United Health Care 10 am Exercise Class 11am	11 Relaxing w/Coloring 9am Dominoes	12 Exercise class@11 am Puzzles & Board Games 9am Line dancing 12:30 pm	13 Pinochle 10am Bingo 10am Washer game	14 Jam Session 10am Exercise Class 11am	
17 Pinochle 10am Bingo 10am Birthday Party 11:30 am Exercise Class 11 am	18 Dominoes Washer game	19 Exercise class @11 am Line Dancing 12:30pm	20 Pinochle 10am Bingo 10am Balloon Volleyball	21 Washers Game 9am Jam Session 10am Exercise Class 11am	
24 Pinochle 10am Bingo 10am Exercise Class 11 am World Elder Abuse Day Speaker will be here 11:00A.M.	25 Relaxing w/Coloring 9am Dominoes Blood Pressure 10:30 am By Help at Home	26 Exercisr class@11 am Puzzles & Board Games 9am Line Dancing 12:30pm	27 Pinochle 10am Bingo 10am	28 Jam Session 10 am Exercise Class 11 am	
				desoto@agingahead.org	